

# LJ CARE AUSTRALIA



## User Manual

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## PERSONAL SAFETY

- For your health and comfort, make sure that you adopt a comfortable posture and that you can operate the brakes with ease.
- Ensure that the handles are at equal heights and securely locked in position.
- Ensure the walker is always fully folded out before using.
- Ensure that all the wheels are stable and are on the ground before using.
- Ensure that the brakes are adequate and test before using.
- Ensure that the user sits in the centre of the seat.
- Do not use the four-wheel rollators on gradients  $7^{\circ}$  / 1 in 8 or above.
- Ensure that the brakes are always locked on when sitting on the seat.
- Ensure that the latest health and safety practice is used for carrying and lifting items, such as wheeled walkers.

## ADJUSTMENTS FOR COMFORT

- To adjust the height of the rollator, unscrew the tightening handles at either side of the walker anticlockwise.
- Adjust the height of the rollator to suit the user and then tighten by turning the tightening handles clockwise to secure (as shown in the photo). Ensure that the tightening handles are on the outside of the rollator.



## TRANSPORTATION AND ASSEMBLY

- To fold the rollator for transporting, lift the seat up and pull the black cord whilst holding the rollator handles, lifting the rollator at the same time.



- To unfold the rollator before using, lift the rollator by the handles and cord and place on the ground wheels first. This action should enable you to unfold the rollator after releasing the cord.

## CARE AND MAINTENANCE

- Ensure the walker is used only as an aid for mobility.
- Ensure the walker is kept clean. Wipe down the walker with a damp cloth on a regular basis.
- Check the moving parts (e.g. - wheels and height adjustment) regularly.

- Ensure that the brakes have been adjusted to suit the wheels and user (if required).
- All the fasteners (screws, nuts and bolts) are to be checked regularly to ensure they are securely tightened.
- Check that the front castor wheel swivels freely. Withdraw the walker from use if it does not.
- Only use an approved Drive Medical Ltd dealer for any maintenance and repairs on your wheeled walker.

## **BRAKE OPERATION**

To operate the cable brakes:

- Squeeze the brake lever up to engage the brake (in the direction shown the photo by the grey arrow). To lock the brakes, push down on the brake lever until it locks (as shown by the black downwards arrow in the photo). To unlock the brakes, pull up on the brake lever until the lock removes (as shown by the black upwards arrow)

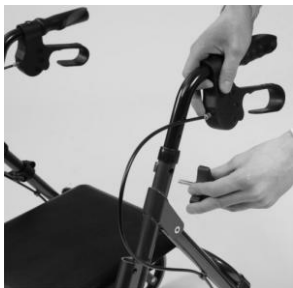


*NOTE: The brakes on rollators are factory set and should not require adjustment. For technical assistance on the walker brakes, contact your Drive Medical Ltd dealer.*

## ASSEMBLING THE WALKER

### Assembling the rollator:

1. Remove the rollator and all components from the packaging. Fold out the rollator.



2. Remove any packaging from the rollator tubing. Insert the handlebar in to the tubing ensuring the cable is to the outside of the rollator frame. Select the required height and secure with the tightening handle supplied. Repeat for the other handle.